



# TALLY HO EQUESTRIAN CENTER RIDING ACADEMY

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Tally Ho Equestrian Center is centered around developing well-rounded horsemen and horsewomen in a truly team-oriented atmosphere. Our priority is providing an educating environment where riders want to put their horses first. We believe that independent riders make strong, independent people!

The Tally Ho Riding Academy program is intended to further a rider's knowledge and horsemanship. Students in the academy will receive a certificate with each level mastered and earn additional riding privileges and experiences as they move through the levels.

To be considered for the academy, riders must **complete an application** and the **entrance test**. Once accepted, academy tuition is \$450 for 10 lessons (a discounted package price, normally \$500). Tuition is due after **each 10 lesson** sequence, regardless of whether the rider attends one or more lessons per week.

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## LESSON AND RIDING PROCEDURES

- Arrive 30–40 minutes prior to the start of your lesson to:
  - catch your pony or horse, groom and tack up, sweep your tacking area, mounting and setting stirrups prior to lesson start time (i.e., mount at 3:50PM for a 4:00PM lesson)
- Allow 30 minutes after the lesson to properly care for your pony/horse and equipment, including:
  - hosing down horse, blanketing, cleaning and oiling tack, sweeping tacking area, and turning horse out after dinner
- Maintain responsibility for cleaning up the grooming area and wash rack, including:
  - putting all equipment away, hanging up hoses, sweeping, picking up manure, etc.

**Failure to complete responsibilities will result in being added to the "Poo Poo List."** If you are on the PPL twice, you will be **demoted** one academy level and receive flat only lessons for two lessons (no jumping). Repeat offenders will be required to **complete a horsemanship lesson** (in-barn) before they will be allowed to resume riding lessons.

The following examples can get you on the PPL (not all-inclusive):

- leaving tack and supplies out
  - failing to sweep your grooming area
  - leaving manure piles in any barn area
  - leaving a horse in when it should be turned out
  - failing to feed a horse before turnout
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## RIDING ATTIRE

- All riders are required to wear an ASTM/SEI certified helmet when mounted.
- Hair must be restrained in some way (ponytail, braid, etc.)
- Riders are required to wear appropriate riding shoes with a heel. **Cowboy boots are not suitable and are unsafe in English stirrups.**
- Riders must wear long pants. Jeans are not allowed in lesson saddles.
- Shirts must be tucked in so that the instructor can see the rider's position. **Tank tops are not allowed unless they have a 1-inch strap and are high necked. Crop tops and see through tops are not allowed.**

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## CANCELLATIONS

- Lessons must be canceled at least 24-hours in advance in order to qualify for a make-up lesson. Last minute cancellations will result in a forfeit of the lesson you have paid for.
- Chronic tardiness, cancellations, and three no-shows will result in the rider's loss of their time slot on the schedule.
- In the event of inclement weather, indoor horsemanship lessons will be offered. If an indoor horsemanship lesson is offered and a student does not come, it will count as a forfeited lesson. Horsemanship lessons are a crucial aspect of a rider's education.
- In the event that instructors need to cancel lessons due to dangerous weather or other situations, notification will be sent by 2:00PM the day of the lesson. Opportunities for make-up lessons will be given.
- Make-up lessons must be used within the month of the missed lesson. Lessons do not rollover from month to month.
- Select make-up lessons will be offered. It is up to the rider whether they choose to attend.

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## RIDING ACADEMY LEVELS

### ENTRANCE EXPECTATIONS

- approach pony in stall
- pick up and hold reins correctly
- complete "around the world"
- lead pony into crossties
- groom and tack up alone (no parental assistance)
- brush mane and tail thoroughly
- clean hooves properly
- sweep grooming area
- meet instructor at ring appropriately
- mount and set stirrups independently or with minimal help from INSTRUCTOR (no parental assistance)
- halt, walk, steer, two-point at walk
- trot independently or on lunge line
- shorten and lengthen reins correctly
- demonstrate proper end of ride technique
- feed a treat safely

### SEAPONY EXPECTATIONS

- change directions to the inside
- know and discuss barn safety rules
- know safe riding attire
- properly fit a helmet
- demonstrate quick-release knot
- sit the trot and the canter
- drop stirrups and pick up without looking
- ride in half-seat over poles
- see and verbalize diagonals and leads
- trot and canter on different horses
- trot without stirrups
- put tack away properly and correctly
- ride bareback at the walk and trot
- canter a ground pole course
- blanket and unblanket
- clean and oil tack (& teach lower level)
- catch pony/horse in field
- know vital signs, discuss, and measure
- know basic horse colors and markings
- know the three most common signs of colic and what to do
- volunteer for morning chores
- hose off horse after lesson
- demonstrate proper warm-up independently
- volunteer 1x at camp or as a lesson assistant
- know names and functions of five grooming tools

### FOX EXPECTATIONS

- name ten parts of the horse
- know basic parts of saddle and bridle
- know the uses and difference between polo and standing wraps
- apply polo wraps in lessons and rewrap or wash
- know how to treat various horse injuries and ailments
- demonstrate proper lunging technique and understand function of lunging
- use bridle, boots, and gloves for lunging
- measure a horse for weight and height
- administer dewormer or ulcergard to a horse orally
- pull a mane
- clip feet, legs, face, and bridle path
- know vital signs, take and record
- learn strides, lead changes, framing, and bending
- learn advanced horse care
- wash bit at end of each ride
- clean and oil tack each lesson
- ride a dressage test
- attend a fox hunt
- lesson in the cross-country field

### AP TEAM EXPECTATIONS

- lease or own a horse
- reassemble saddle and bridle without assistance
- figure 8 bridle
- fit a saddle, bridle, girth, and halter to a horse
- give an intramuscular injection
- load onto a trailer
- demonstrate advanced jumping skills
- complete gymnastics on horseback
- properly lead a trail ride
- lead a lesson in the cross-country field riding
- work with green horses
- coach other riders
- demonstrate flying lead changes
- jump bareback
- counter canter
- demonstrate turn on the forehand and haunches
- learn how to feed
- learn how to teach
- complete work-study at least 1x/month
- shadow an instructor at least 1x/month
- help with at least 1 camp day